



In This Issue:

**March's Featured Structure:
Orcutt She Shed**

**Happy Client Spotlight: San Luis
Obispo Meditation Room**

**Custom Redwood Live Edge
Standing Desk**

**Live Edge Redwood Slab Tables
For Sale!**

Calendar of Upcoming Events



We welcomed in spring with the vernal equinox on Sunday March 20th! Now we have just as much daylight as dark. This also means more time in the garden planting our summer crops and getting grounded. I recently read an article about how gardening is actually a therapeutic way to deal with depression. Scientists claim that when a small bacteria found in soil called mycobacterium combined with other microorganisms, it can have a positive effect on humans in treating depression. This really makes sense to me as I have always said that my garden is my therapy. I truly believe that being outdoors is the best thing for us!

At *A Place to Grow* we specialize in creating unique outdoor living spaces for you to grow, whether it's a greenhouse to grow plants, an artist studio/meditation retreat to grow spiritually or a hot tub enclosure to grow peace and tranquility. As soon as you are ready to start designing your own unique structure, please respond to this email or call us at 805.704.1155.

You received this newsletter because you expressed an interest in *A Place to Grow* by signing up with us at one of our events or on our web page.

We look forward to talking with you soon!

Dana

March's Featured Structure: Orcutt She Shed

We recently had the pleasure of creating this She Shed for our client who was remodeling her back yard. She wanted a space to retreat to in order to read her book, sip some wine and just unwind. She said

that when her children come to visit and take over her house, it gives her a place to go to relax, instead of just her bedroom.

We also brought in the walnut wood stepping rounds in front of her shed to give it a softer hardscape. These were milled by Pacific Coast Lumber and will have rosemary growing between them. The lovely French doors will allow the outdoors to come in on sunny days!

If you have a space you would like transformed using our eye for design and reclaimed materials, give us a call. We'd be happy to schedule an appointment to talk about creating your very own *Place to Grow*, so please respond to this email or give us a call at 805.704.1155.



Happy Client Spotlight: San Luis Obispo Meditation Room



We caught up with our client in San Luis Obispo to see how she is enjoying her meditation room. We were happy to see her space filled with her prayer flags and other sacred mementos.

When we asked our client what she has been up to she said, "I am trying to promote loving kindness." She then proceeded to share her favorite quote from the Dalai Lama "We are visitors on this planet. We are here for one hundred years at the very most. During that period we must try to do something good, something useful, with our lives. If you contribute to other people's

happiness, you will find the true meaning of life." These are words to live by. Our hope at *A Place to Grow* is that we are contributing to our clients' happiness by providing these sacred spaces for them to grow in whatever way they choose. This happy client is growing her spirituality in her sacred space!

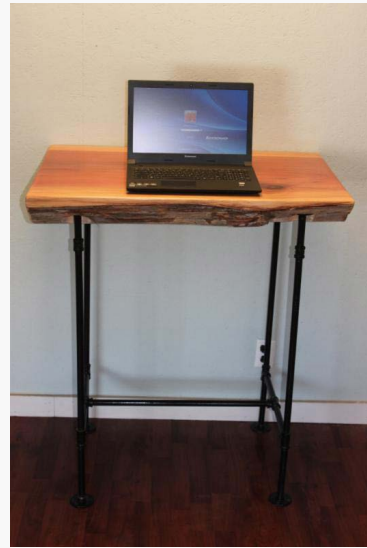
If you would like to talk to us about designing an outdoor room for you and have any windows or other sentimental materials that you would like us to incorporate into it, please call 805.704.1155 or email to schedule an appointment to talk about creating your very own *Place to Grow*!

Custom Redwood Live Edge Standing Desk

Dana's beautiful sister-in-law was visiting from Virginia in January and asked if we could create a standing desk for her using a redwood "jacket board" from Pacific Coast Lumber. A "jacket board" is the first cut of the tree when it is getting milled so one whole side is covered in bark. We told her what our carpenter Shawn always says, "We can do anything!"

The metal stand gives it an industrial feel and good stable base to work from, This standing desk is big enough to accommodate her laptop as well as files. We covered the top with a polyurethane to preserve the redwood color of the wood and to accentuate the grain.

Here is a picture of her desk right before we shipped it off to Virginia. Wish we could be there to see the look on her face when she gets it! If you would like a standing desk or custom table using a "jacket board" gives us a call at 805.704.2161



We Have Beautiful Redwood Slab Tables



We are excited to offer unique, live edge redwood slab picnic tables! These lovely tables are perfect for backyard entertaining or can even be used inside your home. They will provide the space to share meals with friends & family in style! Redwood will also stand up beautifully to the weather and spills.

These tables are made of 100% urban forested wood, which comes from trees that have to be removed from urban areas. Instead of going to the landfill, they are diverted to our mill and custom milled to create various lumber products.

These tables complement any festive gathering in your garden or home!

These beautiful tables are for sale at our shop located at 445 B Prado Road in San Luis Obispo. Come by and pick out your table soon as we only have a couple left in stock!

Calendar of Upcoming Events

2016

April

[Five Cities Orchid Society Show & Sale](#), at the South County Regional Center, 800 West Branch Street, Arroyo Grande, Saturday, April 2, 2016, 9-5:00 pm and Sunday, April 3, 2016, 10-5:00 pm

[Central Coast Greenhouse Grower's Association Open House](#) at Nipomo High School, Saturday, April 16, 2016, 9-3:00 pm

[Three Speckled Hens Antiques & Old Stuff Show](#) at the Paso Robles Event Center, Saturday, April 30, 2016, 8-4:00 pm and Sunday, May 1, 2016, 10-3:00 pm

May

[2016 Inspired Home Expo of San Luis Obispo](#) at the Alex Madonna Expo Center Saturday, May 14, 2016, 10-5:00 pm and Sunday, May 15, 2016, 10-4:00 pm

[2016 Santa Ynez Valley Earth Day](#) at Riverview Park in Buellton, Saturday, May 21, 2016, 12:00-5:00

[Morro Bay Art in the Park](#) at the Morro Bay City Park located on Morro Bay Blvd. at Harbor, Memorial Day Weekend, Saturday, Sunday & Monday May 28, 29 & 30, 2016, 10-5:00 pm

July

[Morro Bay Art in the Park](#) at the Morro Bay City Park located on Morro Bay Blvd. at Harbor, 4th of July Weekend, Saturday, Sunday & Monday July 2, 3 & 4, 2016, 10-5:00 pm

September

[Morro Bay Art in the Park](#) at the Morro Bay City Park located on Morro Bay Blvd. at Harbor, Labor Day Weekend, Saturday, Sunday & Monday September 3, 4 & 5, 2016, 10-5:00 pm

Check Out Our Affiliates



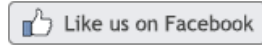
Any Questions? Want more information?
Please contact us:

Dana O'Brien
A Place to Grow, Recycled Greenhouses
445 B Prado Road
San Luis Obispo, CA 93401
805 704-2161

STAY CONNECTED

Dana@RecycledGreenhouses.com

www.RecycledGreenhouses.com



Copyright © 2015. All Rights Reserved.